

Shepherd of the Hills Catholic School Hot Lunch Menu 20-21



January 2021



All student meals are being served at zero cost through the end of May.

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Hot Dog/Bun French Fries Pork & Beans Carrots Orange Slices Milk Choice	Chicken Sandwich Parsley Potatoes Garden Salad Pears Milk Choice	Chili w/ Noodles Cheese Sandwich Mixed Fruit Saltine Crackers Milk Choice	Sliced Ham Scalloped Potatoes Green Beans Apple Slices WG Bread Milk Choice	Macaroni & Cheese Peas Blueberry Cup Corn Bread Milk Choice
11	12	13	14	15
Chicken Nuggets Steak Fries Carrots Apple Slices Milk Choice	Sloppy Joes Baked Potato Garden Salad Pears Milk Choice	Chicken & Rice Corn Orange Slices WG Bread Milk Choice	Spaghetti w/ Meat Sauce Green Beans Diced Peaches Garlic Bread Milk Choice	French Toast w/ Syrup Tater Tots Strawberry Cup Milk Choice
18	19	20	21	22
Teacher Inservice No School	Brat/Bun Parsley Potatoes Pork & Beans Pears Milk Choice	Chicken Noodle Soup Cheese Sandwich Orange Slices Saltine Crackers Milk Choice	Hard Shell Tacos Seasoned Rice Garden Salad Apple Slices Milk Choice	Cheese Pizza Broccoli Florets Diced Peaches Nacho Chips & Salsa Milk Choice
25	26	27	28	29
Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Hot Dog/Bun French Fries Pork & Beans Carrots Pears Milk Choice	Baked Potato Bar w/ Diced Ham Garden Salad Orange Sliced WG Bread Milk Choice	Chicken & Gravy Mashed Potatoes Corn Apple Slices WG Bread Milk Choice	Pancakes w/ Syrup Hash Brown Potatoes Mixed Fruit Milk Choice

Menu items are subject to change without notice.

This institution is an equal opportunity provider.

WG = Whole Grain

Adult Meals: \$3.53, Ala Carte Milk: \$.35 per carton

<https://sothschool.weebly.com/hot-lunch.html>

Walking the path of Christ with love and service through a Catholic education.