

Shepherd of the Hills Catholic School - Hot Lunch Menu



**Menu items are subject to change without notice.
This institution is an equal opportunity provider.**

1	2	3	4	5
Christmas Break No School	Christmas Break No School	Chicken & Rice Corn Apple Slices WG Bread Milk Choice	Salisbury Steak Mashed Potatoes Green Beans Orange Slices WG Bread Milk Choice	Fish Sticks French Fries Broccoli Florets Blueberry Cup Milk Choice
8	9	10	11	12
Mini Corn Dogs Tater Tots Pork & Beans Carrots Pears Milk Choice	Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Potato Soup Ham Sandwich Diced Peaches Saltine Crackers Milk Choice	Cheeseburger Casserole Green Beans Orange Slices WG Bread Milk Choice	Egg McMuffin Sandwich Hash Brown Potatoes Mixed Fruit Milk Choice
15	16	17	18	19
Hot Dog/Bun French Fries Pork & Beans Carrots Orange Slices Milk Choice	Chicken Sandwich Parsley Potatoes Corn Pears Milk Choice	Chili w/Noodles Cheese Sandwich Mixed Fruit Saltine Crackers Milk Choice	Sliced Ham Scalloped Potatoes Green Beans Apple Slices WG Bread Milk Choice	Mozzarella Pizza Dippers Peas Blueberry Cup Cookie Milk Choice
22	23	24	25	26
Chicken Nuggets Steak Fries Carrots Apple Slices Milk Choice	Sloppy Joes Baked Potato Pork & Beans Pears Milk Choice	BBQ Pork Sandwich Hash Brown Potatoes Pork & Beans Orange Slices Milk Choice	Spaghetti w/Meat Sauce Green Beans Diced Peaches Garlic Bread Milk Choice	French Toast/Syrup Sausage Links Tater Tots Strawberry Cup Milk Choice
29	30	31		
Hamburger/Bun French Fries Carrots Mixed Fruit Milk Choice	Brat/Bun Parsley Potatoes Pork & Beans Pears Milk Choice	Chicken Noodle Soup Turkey Sandwich Orange Slices Saltine Crackers Milk Choice	Full Price Student Meals: \$3.30 Reduced Price Student Meals: \$.40 Adult Meals: \$4.65 Ala Carte Milk: \$.40 per carton <u>Free & Reduced Lunch Application</u>	

WG = Whole Grain

Milk Choice = 1% Lowfat Vitamin A & D White or Chocolate Milk