

Shepherd of the Hills Catholic School - Hot Lunch Menu



Menu items are subject to change without notice.
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29	30	31	1
Student Meals: \$3.30 Adult Meals: \$4.65 Ala Carte Milk: \$.40 WG = Whole Grain	Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Chicken & Rice Corn Apple Slices WG Bread Milk Choice	Salisbury Steak Mashed Potatoes Green Beans Orange Slices WG Bread Milk Choice	Mozzarella Dunkers w/Marinara Sauce Carrots Mixed Fruit Milk Choice
4	5	6	7	8
LABOR DAY NO SCHOOL	Chicken Sandwich Parsley Potatoes Corn Pears Milk Choice	Chili w/Noodles Cheese Sandwich Mixed Fruit Saltine Crackers Milk Choice	Sliced Ham Scalloped Potatoes Green Beans Apple Slices WG Bread Milk Choice	Fish Sticks Macaroni & Cheese Peas Blueberry Cup Milk Choice
11	12	13	14	15
Chicken Nuggets Steak Fries Carrots Apple Slices Milk Choice	Sloppy Joes Baked Potato Garden Salad Pears Milk Choice	Hot Ham & Cheese Sandwich Hash Brown Potatoes Pork & Beans Orange Slices Milk Choice	Spaghetti w/Meat Sauce Green Beans Diced Peaches Garlic Bread Milk Choice	French Toast w/Syrup Sausage Links Tater Tots Strawberry Cup Milk Choice
18	19	20	21	22
Hamburger/Bun French Fries Carrots Mixed Fruit Milk Choice	Brat/Bun Parsley Potatoes Pork & Beans Pears Milk Choice	Chicken Noodle Soup Turkey Sandwich Orange Slices Saltine Crackers Milk Choice	Hard Shell Tacos Seasoned Rice Garden Salad Apple Slices Milk Choice	Cheese Pizza Broccoli Florets Diced Peaches Nacho Chips & Salsa Milk Choice
25	26	27	28	29
Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Hot Dog/Bun French Fries Pork & Beans Carrots Pears Milk Choice	Baked Potato w/Diced Ham Garden Salad Orange Slices WG Bread Milk Choice	Chicken & Gravy Mashed Potatoes Corn Apple Slices WG Bread Milk Choice	Pancakes w/Syrup Sausage Links Hash Brown Potatoes Orange Juice Cup Milk Choice

Milk Choice = 1% Lowfat Vitamin A & D White or Chocolate Milk

<https://sothschool.weebly.com/hot-lunch.html>

Walking the path of Christ with love and service through a Catholic education.